



FHCN PHOTO BY NERISSA JOHNSON

“He has the touch”

“So many people seem to be afraid of going to the dentist, but Dr. Naryshkin puts his patients at ease,” reflects Murray Lever.

Murray and his wife, Annette, have put their dental needs in the hands of George F. Naryshkin, DMD, for approximately eight years. Dr. Naryshkin, who is referred to by many of his patients as Dr. George, was chosen as a member of America’s

Top Dentists 2007 by the Consumers’ Research Council of America, in Washington, D.C.

“Our former dentist was a good old-fashioned practitioner,” notes Murray, “but Dr. Naryshkin is a current, state-of-the-art dentist.”

“He is good at what he does,” adds Annette, “and he gives an in-depth explanation for everything he recommends. He doesn’t just take x-rays; he shows them to his patients and uses them to help explain what needs to be done. There are no surprises.”

“I like his demeanor,” continues Murray. “It’s very refreshing. And he gives his patients options. I’ve needed several procedures done over the last several years, and he consistently gives me various options as to how to resolve whatever dental problem I have at the time.”

“Dr. Naryshkin is personable as well,” emphasizes Annette, “and his office reflects his personality. It’s very comfortable and polished.”

Dr. Naryshkin visits the Amazon rainforest once or twice yearly and has several of his photographs hanging on his office walls.

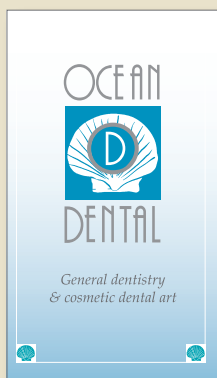
“I’ve come home from other dentists with a sore mouth,” confides Murray, “but not so with Dr. Naryshkin. He just has *the touch*. He knows what to do, and he does it. That’s all I can say.

“He has *the touch*.” FHCN—Kris Kline

Here for you

Dr. Naryshkin is here to help you achieve your dental health goals. His office is located at 401 SE Ocean Blvd. in Stuart. To schedule an appointment, please phone (772) 463-1555.

George F. Naryshkin, DMD, received his undergraduate degree from Baylor University, Waco, TX, and earned his doctor of dental medicine degree from Temple University School of Medicine, Philadelphia, PA. He was commissioned by the U.S. Air Force in 1986 and served as a B-52 pilot and Red Cross volunteer before receiving an honorable discharge in 1995. Dr. Naryshkin was chosen as a member of America’s Top Dentists 2007 by the Consumers’ Research Council of America, Washington, DC. He coaches pole vaulting at Jensen Beach High School and travels yearly to the Amazon rainforest.



Teeth in a day

For many people, missing teeth cause embarrassment, as well as eating difficulty, bone loss, and other negative effects on a person’s quality of life. The absence of teeth can affect chewing efficiency and also put more load on any remaining teeth. Additionally, when people aren’t happy with their smiles, they can become self-conscious. They may begin covering their mouths when they talk or smile, and they don’t let themselves laugh or have as much fun as they otherwise would.

“Some people simply tire of an ongoing process of tooth failure,” observes Dr. Naryshkin. “Others are uncomfortable with ill-fitting dentures or dental prostheses that move around in their mouths.”

With traditional dentures, the major difficulty with chewing can most often be attributed to the lower denture because dentures for the lower jaw tend to be less stable than those made for the upper jaw.

“When we meet a new patient, one of our first goals is to talk with them and learn exactly what each one hopes to accomplish,” notes Dr. Naryshkin. “We do a thorough examination and then discuss the options available to meet each individual’s goals.

“For patients who are interested in having implant-supported tooth restorations without having to wait the typical four to six months while the implants adhere to bone, we offer a new process called *teeth in a day*.”

Procedures offered at Ocean Dental

- Full dental exams
- Cosmetic dental work-ups
- Full cosmetic dental makeovers
- Nonmercury fillings
- Crowns (traditional and implant)
- Bridges
- Nonmetal esthetic partials
- Traditional partials
- Full and immediate dentures
- Removable gold tooth jewelry and gems

A dental implant is a man-made tooth root that is surgically placed into the jawbone. It is fabricated from a biocompatible material, which allows the bone to continue carrying nutrients around the implant and to surrounding tissue. This maintains the jawbone strength and gum stability to support tooth restorations.

There are three main advantages to supporting tooth restorations with implants. Number one is chewing efficiency. Patients will increase the nutrition they get from the foods they eat. Second, chewing will be more comfortable because implants can relieve tissue pressure and soreness, even

beneath a full denture. And third, the implants will prevent severe bone loss, helping patients retain their facial form.

“For traditional implants, the gum tissue is opened, implants are placed into the jawbone, and the gum tissue is allowed to heal for a number of months,” explains the doctor. “Then the implant is revealed, and restorations are attached.

No waiting period

“The relatively new *teeth in a day* technique enables us to replace missing or failing teeth in an entire arch at one time. Because six to eight implants are made at once, providing the required stability, teeth restorations can be placed on the implants immediately following surgery without the typical waiting period.

“The long-term prognosis is excellent. Implants have been placed in the jaw since the 1960s with a 95 percent success rate. This new technique is simply a different concept, another way of thinking.”

Along with time advantages, there are other benefits to *teeth in a day* as well.

“When we place implants for individual restorations, the patient’s bone structure must be consistently adequate at each site,” describes Dr. Naryshkin. “However, when we place implants for the full arch, as we do for teeth in a day, we have a lot more leeway. If one specific site is not adequate, it can still work out just fine.

“Another advantage to this technique is the potential for implant loss. Though it is rare to lose an implant, with conventional individual restorations, should one fail the patient is left with a gap. With *teeth in a day*, should an implant fail there is little effect. We simply detach the arch while the oral surgeon removes the implant. The arch is then replaced, and nothing else has to be done. We place enough implants that should a patient lose one or two, they are still set for life.”

According to Dr. Naryshkin, several factors go into designing natural-looking tooth restorations, which include shape, size, shade, and contour. “Each of our patient’s tooth restorations are unique and customized based on individual measurements and personal information, including age, gender, personality, and skin tone. How the teeth will look in relation to the size and shape of our patient’s face and features is an important consideration, and our patients have the choice of either acrylic or porcelain for their restorations.

“In fact, whatever our patients’ problems are, we offer excellent choices of care. We are here to help them choose whatever options will work best for them. We spend as much time as necessary to design custom dental plans for our patients and then to help them protect the investment of time and resources being made in their oral health.”