

Julie Powers had struggled with the effects of acne her entire adult life.

"I couldn't even leave the house without foundation and cover-up," confides the 56-year-old travel agent. "Then one day I was looking at the paper and read about an event called *Girls' Night Out* that was being held at the Opulence MediSpa."

Opulence MediSpa is a premier medical spa created by board-certified plastic surgeon Scott J. Loessin, MD. Certified by both the American Board of Surgery and American Board of Plastic Surgery, Dr. Loessin has advanced training in laser skin resurfacing.

COMPLIMENTARY SEMINARS

Dr. Loessin presents complimentary seminars monthly on Wednesday evenings at 6 p.m. at Twin Lakes Medical Center.

Call (386) 258-FACE (3223) for the date and details of his next presentation.

Opulence MediSpa offers *Girls' Night Out* events every other month. Call (386) 274-4968 for dates and details.

"I had never been to their *Girls' Night Out* before and it sounded like so much fun that I got a bunch of us together from work and we went," recounts Julie.

"It was great. There were presentations by the staff on several different treatments such as permanent hair removal, massage, facials, permanent makeup, and various laser treatments. Then when they came to the Fraxel laser treatment, I was *really* enticed."

"The Fraxel laser treatment, which was FDA approved in 2005, is a laser resurfacing procedure that allows patients to rediscover the healthy, fresh skin of their youth while going about their activities of daily living," describes Cheryl Kimmel, physician assistant with Opulence MediSpa. "The Fraxel laser treats any kind of hyper-pigmentation including brown spots from sun damage; it smoothes wrinkles and fine lines, treats acne scarring as well as other scarring, shrinks pore size, and improves the skin's texture and tone. And it accomplishes all of this with almost no interruption of our patients' normal routines."

How Fraxel works

"The Fraxel laser treats damaged and aging skin by affecting only a *fraction* of the skin at a time, hence the name Fraxel," educates Cheryl.

Girls' Night Out

It is safe, educational, and can result in new, healthy, tighter skin.

Scott J. Loessin, MD, FACS

FHCN PHOTO BY NERISSA JOHNSON



After
Julie says that thanks to the highly qualified staff at Opulence MediSpa, her skin is clear, her pores are small, and her skin is glowing.



BEFORE PHOTO COURTESY OF DR. LOESSIN

"It works by laying down a pattern of tiny but deep columns called microthermal treatment zones. For every tiny area the laser targets and treats, it leaves the surrounding tissue untouched, enabling the skin to remain intact. Consequently, there are no open sores, no bleeding, oozing or crusting. Although the skin is compromised and therefore very delicate for twenty-four hours, the intact epidermis allows the skin to heal much faster than if the entire area were treated at once, and because it leaves the skin intact, we can treat more deeply."



New epidermal skin develops within 24 hours.

"There are different power levels that can be used on the laser so that each treatment can be individualized, depending on our patient's needs," continues Cheryl. "For instance, when we treat for acne scars we use a higher power level. It doesn't lay down as many spots on the skin,

but when the laser goes deeper, the pulse becomes wider and causes a dermal re-modeling effect down in the reticular dermas of the skin, causing collagen building.

"And because the Fraxel laser resurfaces in tiny zones, it can be used on any skin type."

After hearing the presentation on the Fraxel laser, Julie scheduled a private consultation to learn if she was a good candidate for the treatment and was pleased to learn that she was.

"Cheryl did an absolutely wonderful job of educating me as to how the treatment would work and what to expect," observes Julie. "From start to finish, there was no

question in my mind, and it went exactly as she had described."

"We typically do four sessions, based two to four weeks apart, resurfacing approximately twenty-five percent of the skin at a time," explains Cheryl, "so that within the four treatments the entire epidermal layer is resurfaced."

Julie describes the treatment: "I was ushered into the changing room and given a locker and key. After undressing, I was wrapped in a robe and taken into another

room where a topical anesthesia was applied to my face. The sensation on my face was comparable to when I've had Novocain for a tooth filling at the dentist.

"The procedure itself only took about twenty minutes and felt like tiny prickles going through my face. Following the treatment, I felt like I had a sunburn."

According to Cheryl, her patients typically experience a mild sunburn sensation for a couple of hours following treatment and the skin takes on a pinkish tone with possible swelling for a few days. Patients are provided with small ice packs and pure aloe to chill and apply to their faces to control any discomfort.

"I lost absolutely no work time," remembers Julie. "The only downtime I had was the time it took for my treatments, period. I felt totally comfortable going out to work the next day although I did look like I'd been out in the sun, an effect that lasted about three days."

Worth every penny

"As each treatment healed, my skin became smoother and tightened over time," reflects Julie. "Both the acne pitting and my pores became smaller and smaller. Then, as the layers of my skin

built back up, my face continued to look better and better until my skin actually took on a glow.

"Friends were asking me if I had had a facelift.

"It's been almost two years now and my skin still looks as good as ever. Of course, I take care of it just as Cheryl taught me to do, and the results are amazing. The only makeup I wear to work these days is blush.

"Fraxel was worth every penny." **FHCN**—Kris Kline

A SENSE OF WELL-BEING

Opulence MediSpa, a premier *medical* spa, blends age-old therapies with leading edge medical technology. Under the guidance of Dr. Loessin, it offers a synergistic blend of medical esthetic treatments and innovative spa therapies in a private, intimate setting. The Medical Spa itself is beautiful, and guests are pampered with amenities. The massage treatment tables all have luxurious linens and blanket warmers. Body cushions are used during the massage therapy sessions, which ensure ergonomically correct positioning and add comfort to the massage experience. Exotic teas and elixirs are offered in between services, and the ambient lighting and individualized digital music system add to the environment as you relax, reflect, recharge and renew your inner self and outer beauty.

PHOTO COURTESY OF DR. LOESSIN



Scott J. Loessin, MD, FACS, is certified by the American Board of Surgery and by the American Board of Plastic Surgery. Dr. Loessin is a fellow of the American College of Surgeons. He completed his undergraduate studies and earned his medical degree at the University of Wisconsin, Madison. He continued his education in general surgery and plastic surgery at the Mayo Graduate School of Medicine, Rochester, MN. He is a member of the Florida Medical Society, Volusia County Medical Society, Florida Society of Plastic and Reconstructive Surgeons, and American Society of Plastic Surgery.

Visit Dr. Loessin on the Web: www.daytonaplasticsurgery.com.

Dr. Scott Loessin and the staff at Opulence MediSpa look forward to meeting the readers of *Volusia Health Care News*. To schedule a complimentary consultation, contact the office, located at Twin Lakes Medical Center, **1890 LPGA Blvd., Suite 150**, in Daytona Beach, by calling **(386) 258-FACE (3223)**.